

North Shore Quilters Guild

www.northshorequiltersguild.org

January 2025

Volume 43, Issue 10

January Birthdays

Kathy Bublitz
Rita Kehl
Liesl Larson
Kathleen Sweeney
Jane Walton
Takako Willden

January Bakers:

Mary Belvoir
Laurie Jacobs
Julie Trafton

February Bakers

Mary Belvoir
Kris Devitt
Lucille Pagel

Dog Bed Delivery

Marlene Deutsch

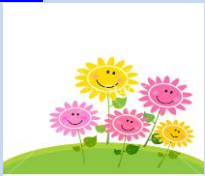
**Please let Mary Kay know
if anyone needs a little bit
of sunshine:**

Mary Kay Anderson

414-530-0411

[marykayanderson@ym](mailto:marykayanderson@ymail.com)

ail.com



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Meetings held at: The North
Shore Congregational Church
7330 N. Santa Monica Blvd
Fox Point, WI 53217

Joanna Brooks: Yoga for Quilters January 15, 2025 9:30 a.m.



From Joanna: I am a Milwaukee Native and a certified Classical Pilates instructor and a Registered Yoga Instructor with over 10 years of teaching experience. My love for yoga and movement developed at a young age. I started practicing yoga in middle school and picked up Pilates, aerobics and running shortly thereafter. I am the founder and owner of Embody Yoga—a yoga and Pilates studio located in Glendale, WI. We offer a variety of yoga and Pilates classes for people of all ability levels. A large part of my motivation for founding Embody Yoga was to encourage more people of color to practice yoga by making our services culturally relevant and affordable. In my free time I enjoy doing yoga, Pilates and light cardio, spending time at the sauna, reading, traveling and hiking.

What To Expect for Class: I plan to offer a 60-minute gentle yoga class that will focus on areas of the body that get a lot of use in quilting. We will do some stretches for the hands and neck and a variety of movements to ease any pain or discomfort in low back. Most of the class will be done at ground level with a few gentle standing stretches added. Those who prefer to practice in a chair are welcome to do so. Yoga is typically practiced barefoot but you are welcome to wear socks. Please wear loose fitting clothes that you can move in with ease. A yoga mat will also be needed for practice.

For more information on class offerings, visit her website at www.embody.yogamke.com.

Dog Bed Delivery Volunteers

Our guild donates dog beds stuffed with our quilting scraps to the Ozaukee County Humane Society located in Saukville. We are always looking for more volunteers to sign up for a month or two to help deliver. Let Marlene Deutsch, marlenejerhaj@juno.com, know if you're interested. The 2025 schedule is being put together now. Thanks!!

NSQG Member, Linn Woodard, has a one-woman quilt show on display in the Lindsay Hall Gallery at Eastcastle Place, located at. Visit any day you like! Just stop at the front desk and the receptionist can point you to the gallery. Eastcastle is located at 2025 E. Bradford Avenue, Milwaukee. Take time to visit the gallery and then walk a few blocks on Downer to Boswell Books or have lunch at one of the neighborhood restaurants. If Linn is home she is happy to give you the whole Eastcastle tour! The exhibit is available until January 13th.



Quilt In A Box is underway! Don't forget to bring your box to the January meeting to exchange for a new one!

NSQG Program Schedule for 2024-2025

February 19, 2025: Kallia Walkowiak- Morning Lecture: The History of Sewing Methods

March 19, 2025: Melissa Wraalstadt-Onsite lecture and Trunk Show at The Wisconsin Museum of Quilts and Fiber Arts



December Holiday Party

About 30 NSQG members enjoyed a wonderful morning of games, gifts, and goodies at our guild's annual Holiday Party! The games were not only fun but also made us think, and they gave us a chance to get to know each other better. The gift exchange is always enjoyable and interesting to see the clever gifts that people brought. The food was plentiful and delicious! Thanks to everyone who brought a dish to share. **We extend a huge thank you to Ann Pappas and Mary Belvoir for all their work planning, decorating the room, and making two kinds of chilie too!!** Enjoy the photos below!



More Holiday Party Photos:



THANK YOU MARY AND ANN FOR A GREAT PARTY!





harvest of quilts

AT THE FAIRGROUND

Quilt Show 2025 Update

The various team members met after the November guild meeting to be sure we are on track for a great show October 2025. We will be increasing the entrance fee to eight dollars which is similar to other guild shows. We are working on ways to make the process of quilt check in and hanging go more quickly and smoothly. We will definitely be moving the drop off time block to earlier in the day on Thursday- probably from 9AM to 2 PM.

All members- Muscles needed! Please consider who you know (yourself, spouse, family) who are physically able to help with the loading/ moving of supplies needed for the show on Thursday morning and then helping with tear down, packing up at the end of the show. Start talking to them now about being available to help.

Anyone have new ideas for vendors? Did you see a great booth at a local craft fair? We need to fill our vendor booths for the show. Quilting related is great, but it could also be other types of crafts such as jewelry. Contact Laurie Jacobs with your ideas.

Continue to make quilts and items for silent auction.

Diane Goldschmidt needs more people on her team to help with the silent auction so please consider volunteering to help her.

Thanks everyone

With all of you helping, we'll have a great show!

Quilt Show Chairs 2025:

Betty Altman ((Betty@wi.rr.com), Evelyn Burdick (eburdick@wi.rr.com)

Raffle Quilt 2025 from Evelyn Burdick and Betty Atman

We plan on making a variation on the Irish Chain called Loyal Heights Irish Chain. It's a very simple block which is just a variation on a 9 patch. Our color theme is medium blue fabrics and white background (white please, not off white). Blocks will be 8 ½ inches in size (8 inches when finished in quilt). Please bring your finished blocks to the December Holiday Party.

To make one block:

Blue fabric- cut four 2 ½ inch squares and one 4 ½ inch square

White fabric- cut four 2 ½ by 4 ½ inch rectangles

Large blue square goes in the middle of the 9 patch, 4 smaller blue squares in the corners, white rectangles in middle of sides

You may also donate plain white squares of 8 ½ inches for the alternating squares.

